

## 2019 MILFORD YOUTH TRACK & FIELD CAMP

<u>CAMP INFORMATION:</u> Milford High School track coaches and athletes will be teaching the fundamental skills of track and field. Skills taught can be used in running, jumping, and throwing. These are the aspects of track that will be emphasized during camp. All athletes will have the opportunity to engage in all track and field stations. **MAKE SURE TO BRING YOUR OWN WATER BOTTLE!** 

WHO: Milford Students *entering* Kindergarten through 6th grade during 2019-2020

WHERE: Bill Marran Track, Behind Milford Junior High

WHEN: Camp: Monday, June 17 - Thursday, June 20 (3rd-6th 11 AM - 1 PM,

**K-2nd** 1 - 2 PM)

*Meet*: Thursday, June 20, TBA (More details to come)

Rain Day: Friday, June 21

**COST:** \$30 (All participants will receive a t-shirt and medal)

\*Must be registered by May 17 to guarantee a shirt and medal

All stations and drills will be run by current Milford Track Coaches or Athletes.

Any questions please contact:

Coach Shane Bartholomew at bartholomew\_s@milfordschools.org
Coach Dave Ackerman at ackerman d@milfordschools.org

## 2019 Track & Field Youth Camp Registration:

Make checks payable to: Milford Athletic Boosters (Track Camp in memo line)

Mail or return to: Milford High School

1 Eagles Way, Milford OH 45150

c/o Shane Bartholomew

Please complete and return portion below to Coach Shane Bartholomew by May 17

Name				Gen	der
Address					
City	Tele <sub>l</sub>	ohone		Schoo	ıl
Email addre	ss				
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