**Getting Started in Athletics at MJHS!**

For active links to click, go to [www.milfordathletics.org/juniorhigh](http://www.milfordathletics.org/juniorhigh)

1. Register on Final Forms [HERE](#) to show your interest and sign permission forms!
2. A current physical must be on file to begin in-season practices! Print official form from your Final Forms account or click [HERE](#) and take to your pediatrician/doctor for an annual Youth Sports Physical.
3. Fees ($100 or $50) will be due prior to first contest and can be paid online [HERE](#) after teams are set.
4. Contact coaches below and/or check online for calendars/schedules/more info.
5. Show up with a great attitude, work hard and have fun!

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**MILFORD JUNIOR HIGH ATHLETICS**

**2023-24 WINTER SEASON**

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**BOYS BASKETBALL**

7TH RED – JASON SHULUGA  
jshulug@gmail.com  
8TH RED – JIM EAGAN  
eagok@fuse.net  
7TH WHITE – KYLE MCGAHA  
mcgaha_k@milfordschools.org  
8TH WHITE – CHRISTIAN KOLLMORGEN  
kollmorgen_c@milfordschools.org  
OPEN GYMS IN OCTOBER  
MANDATORY TRYOUTS/PRACTICES BEGIN NOVEMBER 3

**GIRLS BASKETBALL**

7TH RED – WRAY JEAN CONNOR  
coachconnor23@gmail.com  
8TH RED – BRENNAN FARRELL  
farrell_bren@milfordschools.org  
7TH WHITE – MARK CHAFFIN  
chaffin_m@milfordschools.org  
8TH WHITE – MICHAEL SONNTAG  
michaelsonntag74@gmail.com  
OPEN GYMS IN OCTOBER  
MANDATORY TRYOUTS/PRACTICES BEGIN OCTOBER 27

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**CHEER**

JH – LEAH KANNER and ANDREA CARRIER  
leah.milfordschools@gmail.com  
carrier_a@milfordschools.org  
TRYOUTS IN LATE SPRING FOR NEXT SCHOOL YEAR  
PRACTICES BEGIN IN SUMMER

**DANCE**

JH – TARA COMBS and CARISSA PALAZZOLO  
coachcombs2@gmail.com  
coachcpalazzolo@gmail.com  
TRYOUTS IN LATE SPRING FOR NEXT SCHOOL YEAR  
PRACTICES BEGIN IN SUMMER

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**WRESTLING**

JH BOYS – TIM POPE and BRIAN MCCANN  
JH GIRLS – SCOTT BRUECK  
pope_t@milfordschools.org  
mccannbrian79@gmail.com  
jbrueck@cinci.rr.com  
OPEN MATS IN SEPTEMBER/OCTOBER  
MANDATORY PRACTICES BEGIN NOVEMBER 17

**DIVING**

JH – EMMA FRYE  
frye_e@milfordschools.org  
MANDATORY PRACTICES BEGIN OCTOBER 27

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**MJHS ATHLETIC DEPARTMENT PROFILE**

**FALL SPORTS:** FOOTBALL, CHEER (SIDE), CROSS COUNTRY (B/G), GOLF (B/G), TENNIS (G), VOLLEYBALL (G)  
**WINTER SPORTS:** BASKETBALL (B/G), CHEER (SIDE), CHEER (COMP), DANCE, DIVING, WRESTLING (B/G)  
**SPRING SPORTS:** SOFTBALL, TENNIS (B), TRACK/FIELD (B/G)  
**SUMMARY:** 20 SPORTS, 33 TEAMS, 44 COACHING POSITIONS

**MJHS DIRECTOR OF ATHLETICS: MARK TROUT trout_m@milfordschools.org**  
513-576-8934 (OFFICE), @MJHS_Athletics